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### **Root Canal Therapy Instructions for Home Care**

*Activities of Daily Living:* There are no restrictions.

*General Measures:*

1. Between treatment appointments, avoid heavy biting.
2. Brush and clean your mouth daily.

*Diet:* Eat a regular diet if you are able to do so without pain.

*Medications:* If an antibiotic is prescribed during treatment, you should take the medication exactly as directed on the prescription.

**Notify your dentist if any of the following occurs:**

1. Swelling in the gum around the tooth being treated develops.
2. Temperature above 101 F develops.
3. The tooth feels as if it is “coming out of the socket.”
4. The tooth becomes loose.
5. Pain develops which cannot be controlled by simple remedies such as aspirin, Tylenol, or ibuprofen.